

Older People's Partnership
Wednesday, 18 March 2015
10.00 - 11.45 am
Council Chamber, Fourth Floor, Easthampstead
House, Bracknell



Present: Philip Cook, Involve
 Tracey Hedgecox, Age Concern Bracknell
 Mira Haynes, Bracknell Forest Council
 Councillor Clifton Thompson, Bracknell Forest Council
 Madeline Diver, CAB

In attendance: Alysoun Asante, Joint Commissioning Officer
 Ally Green, Bracknell & Ascot CCG
 Janet Berry, Head of Community Learning and Skills
 Karen Maskell, Bracknell & Ascot CCG
 Kieth Naylor, Bracknell Forest Council

Apologies: Yvette Hockley, Involve
 Councillor Dale Birch, Bracknell Forest Council
 Linda Wells, Bracknell Forest Homes
 Jayne Streak, Lifelong Learning Team

Action Points

Minute	Item
23	<p>Minutes and Action Points from 17 December 2014</p> <p>The minutes of the meeting of the Older People's Partnership held on 17 December 2015 were agreed as a correct record, subject to the amendment of two typographical errors.</p> <p><u>Matters Arising</u></p> <p>It was noted that although the Ascot Retirement Fair had been cancelled for 2015, it was likely to be held again in 2016. The Bracknell Lions Show event was taking place in June 2015 and work was progressing on planning the Later Life workshop for the autumn. It would be useful if some advance information was circulated widely about this event. (Action: Kieth Naylor)</p> <p>Information about the activities available for older men and the ways they could be encouraged to volunteer was being collected and assessed and would be reported at a future meeting. (Action: Kieth Naylor)</p>

24	<p>Update on Digital Inclusion Project</p> <p>Tracey Hedgecox reported that the position of Digital Inclusion Officer, working 16 hours per week, had been advertised and had attracted 32 applications. Three applicants had been interviewed on 17 March 2015, and the post was about to be offered to the outstanding candidate. An additional £5k funding had been received from Bracknell Forest Homes, which could be used to cover an increase in hours for the post, depending on how the pilot scheme worked out.</p> <p>It was considered that an update on the project should be included in the next Quarterly Service Report (Action: Kieth Naylor) and a progress report made to a future meeting of the Partnership (Action: Tracey Hedgecox)</p>
25	<p>Intermediate Care Strategy</p> <p>Alysoun Asante presented to the meeting an oral progress report on the Intermediate Care Strategy.</p> <p>Following a period of information gathering and consultation, the Council's Intermediate Care Strategy had been revised and updated and would be web published and circulated widely in the very near future. Intermediate Care was defined as: "a service which consists of a structured programme of care provided for a limited period of time to assist a person to maintain or regain the ability to live at home". The Strategy explained how the service would be delivered, assisting people to self-manage their condition with the appropriate support.</p> <p>The range of health and social care services covered by intermediate care were mostly focused on:</p> <ul style="list-style-type: none"> • Preventing unnecessary admission to hospital • supporting early discharge from or preventing unnecessarily prolonged stays in hospital following an 'acute hospital admission' • preventing premature admission to long-term residential care • maximising health and self-confidence and the chances of living independently. <p>The first six weeks of intermediate care had to be provided free of charge but this could be extended in appropriate circumstances. The consultation on the strategy had indicated that users of the service wanted to have choice in the care provided and be involved in setting goals for their re-ablement. It was important, too, for families and carers to be involved in the choice of care package arranged.</p> <p>The strategy identified a number of priorities for development during its three year life, including:</p> <ul style="list-style-type: none"> • bed-based services

	<ul style="list-style-type: none"> • a review of community based services • work with the Community Geriatrician • working more closely with mental health services • strengthening links with other social care providers with a view to enlisting specialist assistance as and when appropriate • the development of tools to help assess the progress of patients <p>Following questions and discussion, the Partnership expressed its support for full and effective intermediate care provision, which would serve to prevent people slipping into a cycle of escalating care needs. Proper information and appropriate publicity about the strategy and the services available would promote this valuable pathway. A bulletin for Partnership Board members and other interested parties should be issued on formal publication of the Intermediate Care Strategy. (Action: Alysoun Asante/Kieth Naylor)</p>
26	<p>Carers Strategy</p> <p>This item was withdrawn from consideration as the Carers Strategy was yet to be finalised and signed off by the Executive.</p>
27	<p>HealthMakers Project</p> <p>Ally Green and Karen Maskell from the Bracknell and Ascot CCG made presentations to the meeting on the 'HealthMakers Project' and 'Delivering a New Vision of Care'.</p> <p>The HealthMakers Project entailed attracting individuals to volunteer to help create a strong community using their own experience to support health and wellbeing improvements in Bracknell Forest and Ascot, complementing the work of health care professionals. Volunteers were being recruited and trained to be ambassadors for health in a variety of roles in every GP practice. There would be a strong emphasis on engaging HealthMakers trained in self-managing their own long term conditions who would be able to use these skills to support others. It was envisaged that this would create activated patients in the system, with influence to affect decisions about local health services and generally improve patient experience.</p> <p>Although still in its early stages, progress so far included establishing the Bracknell Open Learning Centre as the HealthMakers base, ongoing recruitment via GP practices, events, Healthwatch and the CCG, recruiting young Healthmakers from Bracknell and Wokingham College and completion of the first Self-Management Facilitation training. The next steps to take the project forward had been identified. Central among the long term aims of the project was to achieve improved health outcomes and fewer hospital admissions, A&E attendances and visits to GPs, with the focus on JSNA priorities. From questions and discussion, the Partnership noted that:</p> <ul style="list-style-type: none"> • HealthMakers would be making their contribution as individuals using their

	<p>own experience rather than in a group setting.</p> <ul style="list-style-type: none"> • HealthMakers would work alongside and complement the activities of Patient Reference Groups and Healthwatch. • HealthMakers would receive information and support from GP surgeries, Healthwatch for example, in reaching others in the community who could benefit from their support and assistance. <p>Delivering a new vision of care was a product of joint work by the Bracknell and Ascot, Slough and Windsor Ascot and Maidenhead CCGs, with particular relevance in the light of formation of the new Frimley Health NHS Foundation Trust providing district general hospital services for the area. Given the challenges that lay ahead, there was a great need to shift the focus to prevention and enablement as proactive care. This would be done through integrating services across health and social care and across hospital and community care. The presentation used the Kings Fund illustration of 'Sam's story' showing ten integrated services to provide person-centred care as the challenge to the Health Service on provision for older people.</p> <p>To take this forward, a Design Group was being set up, comprising hospital clinicians, community clinicians, social care professionals, voluntary and patient representatives. Three workshops had been arranged for 26 March, 30 April and 28 May at which the Group would work on design of the new model of care. These would be informed by Patient/Public workshops being held in mid-April and mid-May. Two Bracknell social care representatives had been put forward and the Partnership was invited to nominate two further representatives for the Design Group. The Chairman invited members to indicate to her if interested (Tracey Hedgecox expressed interest provisionally) so that nominations could be made. (Action: Mira Haynes/Kieth Naylor)</p> <p>The Chairman thanked Ally and Karen for their interesting and informative presentations.</p>
28	<p>Preparing for 2015-16: Update of Action Plan</p> <p>The Partnership was informed that the update of the Action Plan had been delayed as a result of the impact of the Care Act and consequent policy changes by the Council and partners. However, over the next quarter it would be possible to identify progress on activities and look at actions proposed to be taken forward in the coming year. A lot of work would be focused on the Later Life Conference due to be held in the autumn. These were normally held every other year but there should be sufficient funds in the 2015/16 budget to deliver it. A draft update of the Action Plan would be circulated for comments from members and some figures on estimates/committed spend on the Conference provided for the Chairman. (Action: Kieth Naylor)</p>
29	<p>Members Updates</p> <ul style="list-style-type: none"> • Although Adult Social Care no longer had residual funding for support of carers/respite care, Age Concern and the Berkshire Carers Association

	<p>were working together on a pilot scheme to part fund respite care and provide courses on such things as manual handling and first aid for carers. It was also planned to offer courses on IT, on-line shopping etc. in the future.</p> <ul style="list-style-type: none"> • Age Concern had received an additional £5k of funding which was available to support any aspect of respite care. In order to publicise the availability of this funding it was suggested Tracey Hedgecox attend the Carers Strategy Issues Group meeting on 23 March; also, Philip Cook could put out a flyer about it. • The next Carers Lunch would be held on 20 March 2015. On 19 September 2015, the Community Showcase Volunteering Fair would take place at the Forest Suite (funded by Bracknell Forest Council). The Council had also recently confirmed a grant to extend the Befriending and Community Choices research project. • The funding allocation for Community Learning in 2015/16 would shortly be known but a significant reduction was expected. Janet Berry suggested that at the next meeting the Partnership should consider appropriate courses for older people which could be delivered over the next year. • Work was continuing on development of the Digital Inclusion Project, with the backing of Section 106 funding which would assist in the purchase of laptops and equipment. A list of upcoming IT courses was circulated. • Tracey Hedgecox reported receipt of additional funding from Bracknell Forest Homes which would support a further 12 weeks of 'Get Together' afternoons centred on activities, exercise, prevention etc. • The CAB had appointed a new Chief Executive, Tina Stephenson, who had been in post for two weeks. The CAB office would be closed each morning next week while staff training took place in relation to the substantial changes to pension regulations coming into effect in April 2015.
30	<p>Future Meetings</p> <p>It was noted that future meetings of the Older People's Partnership would take place at 10am on the following dates:</p> <p style="padding-left: 40px;">Wednesday 17 June 2015 Wednesday 16 September 2015 Wednesday 16 December 2015</p>

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