

Appendix 1

Progress on Actions Sept 2024. Please add any changes to RAG Rating and new updates in the brief narrative in Blue
(Please Note Table for each priority start at new page)

Priority 1 (Sponsors Grainne Siggins, BFC and Nicola Airey, ICB) Give all children the best start in life and support emotional and physical health from birth to adulthood.							
Key Actions	Outputs	Contributes to improvement in outcome(s)	Lead Organisation and responsible officer	Start date	End date	RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter	Brief narrative on RAG rating
1. Develop and implement a CYP engagement plan to gain insights into participation in and attitudes to peer led social activities; and what would constitute a good offer of activities	A detailed insights report on the social behaviours of CYP and views on what social activities CYP are likely to engage that supports emotional and physical wellness.	Improve personal wellbeing/happiness. Reduce anxiety and depression in all children and young people. Reduce the feeling of being alone and excluded. Increase number of peer support groups for children and young people	BFC Katherine Davies Frimley ICS Samina Hussein	Jan 2023	May 2024	Complete	Gap analysis report developed and presented. Many activities available across the borough however comms needed to help increase awareness with families. Youthline to deliver peer support sessions in schools and community settings. SEND activities scoped and added to community map, promoted with SEND teams.
2. Map existing opportunities and groups within Bracknell Forest for CYP and include in the community map- mapping under the 5 ways to wellbeing headings this includes get active and get creative	A gap analyses of peer led social activities and networks that enable CYP to become emotionally resilient and improve their physical fitness.		BFC Katherine Davies	Jan 2023	March 2023	Complete	CYP activities scoped and added to the Community Map. 116 CYP activities (previous quarter was 110). Information from action 1 and 2 to be pulled together in gap analysis from January.
3. Work with local community organisations and CYP to develop a network that builds on the current assets/offer	Offer of diverse range of activities that meet the needs of diverse CYP community developed		BFC Katherine Davies Nicki Davies	Oct 2023	March 2025	On track	Scoping completed. 139 CYP assets uploaded to community map. Bespoke SEND filter added. Engagement with CYP workforce such as SEND, FIS, Early Years and voluntary sector ongoing to identify activities.
4. Review current MHST model which uses CYP undergoing therapy to support others who might need support and build on this to (include a wider network of peer led health and wellbeing support	Emotional and mental health awareness increased in school setting and normalised similar to physical health		BHFT	Jan 2023	Sept 2024	Ongoing	MHST piloting peer support programmes in primary schools through recruitment of young mentors.

5. Undertake a review of the usage of the public health Thrive and Healthier Together webpages and using the information develop a survey and focus groups to improve the reach and experience of the user group	A report on current usage and feedback from users with plans to improve the reach and experience of users	Improve the experience of children, young people and their parents in navigating the system and services Improve awareness of emotional health, self-help and services among children, young people and their families	BFC and Frimley ICB	April 2023	March 2025	On track	A peer support group piloted -findings to be presented at next emotional health network (Nov 2023) prior to CYP Board
6. Review the reach (engagement) with current 0-5 year parent groups identifying what is working well, barriers in accessing the groups, identify gaps in provision.	A report with recommendations to be considered by early years group	Reduce the feeling of anxiety and loneliness in new parents	BFC Tanvi Baretto and Cherry Hall BHFT Alison Stares Home Start Sharon Kearins	Jan 2024	June 2024		Initial meeting had to discuss this piece of work. Plan to have a workshop with key stakeholders in June 2024
7. Review training offer and participation in parenting, emotional and mental health, breastfeeding and weaning courses	An action plan to improve offer and participation rates	Improve awareness of emotional health, self-help and services among children, young people and their families	Frimley ICS Samina Hussein	Feb 2023	Dec 2023	On track	Offer review and courses promoted, collecting data on participation
8. Conduct a baseline review of CYP services for inclusivity, in particular with regards to gender (male parent), neurodiversity and disability	Based on review, plan to improve inclusivity	Reduce health inequalities in targeted population	BFC Tanvi Baretto ICB Samina Hussein	April 2024	Sept 2024		
9. Review refreshed local transformation plan to include actions relevant to delivering outcomes.			Frimley ICS Samina Hussein	TBC	TBC	Awaiting plan	
10. Map and publish all available services that provide emotional health and wellbeing early mental health support (health commissioned, council commissioned services and voluntary and community sector) for families with SEND and analyse gaps to inform commissioning needs.	Needs based commissioning intentions/plan		BFC Manjit Hogston	Aug 2022	Nov 2022	Complete	To review the action in the refresh of delivery plans

Priority 2 (Sponsor Alex Gild BHFT) Promote mental health and improve the lives and health of people with mental ill-health.							
Key Actions	Outputs	Contributes to improvement in outcome(s)	Lead Organisation and responsible officer	Start date	End date	RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter	Brief narrative on status rating
11. Use behavioural insights to identify key risk factors in Bracknell Forest among those that have lived experience and professionals to support development of prevention plan.	1. An evidence-based population based universal and targeted intervention programme devised and planned based on findings of behavioural insights using theory of change approach 2. Workshop with stakeholders to agree Year 2 and Year 3 actions, outputs and indicators based on findings from behavioural insights report	Reduce Eating difficulties/ disordered eating at a population level	BFC	August 2024	February 2025	On track	Slight delay in procurement process. New times are August – February. Procurement process underway. Contract to be awarded 1 st week in September
12. Review and promote uptake of training programmes for early identification of eating disorders and timely referrals from all settings	1. BEAT training for GP and primary care clinicians, nurses and other healthcare professionals 2. MindEd Training on Eating Disorders to frontline staff 3. Psychological Perspectives in Education and Primary Care (PPEP Care) training 4. MSHT emotional and wellbeing Webinars	Early identification and management	MHST (Vicki Livingstone) & Frimley ICB (Samina Hussain)	Jan 22	Ongoing	On track	Ongoing: Webinar series and PPEP care training available to all CYP staff. Data on staff trained collected for local programmes.
13. Review current support that enables recovery for those suffering from eating difficulties/disordered eating with those with lived experience and take appropriate actions to ensure appropriate recovery services are available in the community	Increase in offer and support for recovery from eating difficulties/ disordered eating	Reduce Eating difficulties/ disordered eating at a population level	BHFT Claire Moran BFC Katherine Davies	Oct 2024	TBC	Awaiting report	Working group after discussions with BHFT and community based providers Actions to be confirmed following completion of number 11.
14. Co-produce a holistic and place-based approach to responding to self-harm that is consistent with the forthcoming NICE (National Institute of Clinical Excellence) guidance	1. Webinar launched and baseline data collected 2. A series of reflective learning sessions for the CYP workforce who regularly work with children and young people - to allow brave spaces for professionals to establish a collective understanding of self-harm 3. A report based on rapid review on practice, policy, and evidence on what works and analyses of inked data at local level. 4. Next steps agreed	Reduce self-harm in children and young people	BFC Katherine Davies	Nov 2022	December 2023	On track –	Task and finish group ongoing exploring and implementing key recommendations around training, policy/procedures, supervision and locally agreed resources.
15. Review the draft pan-Berkshire multiagency self-harm toolkit and adapt to Bracknell Forest based on local insights	A local version of the pan Berkshire toolkit adopted for Bracknell Forest			Dec 2023	April 2024		Pan Berkshire Suicide prevention Group re-established.

16. Continue to develop and embed the MHST Wave 5 and 6 programmes of learning and implementing the Early Evaluation of the Children and Young People's Mental Health Trailblazer Programme July 2021 across all schools	1.Promotion of Get Help service to non-MHST schools continuing so that support can be accessed in place 2. Plan for a healthy schools programme using a whole school approach to promoting children and young people's mental health and wellbeing to be rolled out to schools	Increase in number of schools promoting mental health and wellbeing	MHST (Yanni C & Vicki Livingstone)	Dec 2022	Ongoing	On track	ICB Bid for an additional MHST team for Bracknell Forest was successful. 16 schools are supported and whole school approach package and training webinars available to all schools
17. Use the learning from the happiness hub (adult mental health community network) model to establish a CYP mental health network	A CYP community based mental health network established	Reduce mental health stigma	BFC and BHFT	Jan 2024	Dec 2024		Youthline unsuccessful with bid for early intervention hub funding.
18. Monitor and report Local transformation plans/strategies for reviewing referral pathways, triaging, risk-management panels and signposting to services across the system	<ul style="list-style-type: none"> Improving GP Access to Early Help Review of referral pathways, triaging, risk-management panels and signposting to services across the system Review of pathways for same day Urgent Care Providers to flow ROMs as part of NHSE reporting Berkshire Healthcare Foundation Trust to flow ROMS Voluntary Sector to flow to ROMS 	Improve the experience of children, young people, and their parents in navigating the system and services	Frimley ICS- Samina Hussain	Ongoing	On going		Local transformation plan group disbanded. Frimley CYP MH meeting in place and to monitor LTP to October 24. Mapping tool of adult mental health – low level emotional health and inequalities Adult and Children Mental health strategy draft ready – presentation to Board in Dec meeting
19. Implement the delivery plan and evaluate a 'front door' aimed at children and young people to find appropriate services for low level emotional wellbeing and mental health (TBC as per ICS LTP refresh)	TBC from refreshed ICS Local Transformation plan			TBA	TBA		Plan in place and implementation – various projects in train – digital offer procurement complete , project on neurodiversity
20. Conduct a rapid desktop review of frameworks/standards used in mental health pledges and mental health promoting organisations, gain insights from local organisations and employees on pledge content to design a bespoke Bracknell Forest Pledge and support required to implement it.	<ol style="list-style-type: none"> Options report based on rapid desktop review Insights report from local organisations and employees A Bracknell Forest Mental Health Pledge created. Support and training package developed to support signing the pledge Proposal for evaluation in culture developed 	Reduce stigma associated with mental health	BFC – Louise Duffy	Nov 22	April 23	On track	Identified a Chamber of Commerce workplace Health Pledge which has already been adopted by several businesses in Bracknell. Discussion with HROD to adopt for BFC and then promote through Healthy workplace Alliance.
21. Commission an external provider to develop a bespoke mental health awareness training to be offered to customer facing staff including Retail staff, Library Staff, Parks staff, Housing staff, Museum and Leisure staff.	<ol style="list-style-type: none"> An external provider secured, and course content agreed Training course dates announced Report on evaluation of practice and awareness of own mental health among attendees during training and in six and 12 months 	Increase in awareness of service provision by need among all frontline workers and the public	BFC – Louise Duffy	Sept 2022	Jan 2023	On track	<i>Let's Face It!</i> training has been offered once a month. Pre- and Post-evaluation shows positive impact on participants. On average this has shown a significant increase of 26% (56% to 82%)

							<p>Training has been delivered to over 150 participants since 2021. Plan is to work with targeted workforce e.g. child minders/early years and health care and communities as part of the Community Development and inequalities approach. Also offered to local businesses through workplace alliance February 2024.</p> <p>March 2024 aim is to re-procure a training provider to deliver targeted groups for a further 2 years. Targeting our minority groups and communities to train leaders and those in trusted role e.g. faith leaders and community group leaders.</p>
22. Mapping of current reach of lifestyle services to people living with emotional and mental health issues and conditions	Increased offer and access of lifestyle services to enable people living with emotional and mental health conditions to be healthy	Improved lifestyles for people with mental health conditions	BFC- Felicity Antwi - Adjei	Sept 2023	March 2024	On Track	<p>Plan for equity audit Quality of data required improvement. Plan to improve data capture and recording agreed with Providers. Data quality monitored on a quarterly basis to ensure full year data is available for equity audit</p>

PRIORITY 3: Sponsor Philip Bell, Involve Create opportunities for individual and community connections, enabling a sense of belonging and the awareness that someone cares							
Key Actions	Outputs	Contributes to improvement in outcome(s)	Lead Organisation and responsible officer	Start date	End date	RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter	Brief narrative on status rating
23. Work with local organisations and communities to increase the offer and spread of accessible and diverse social activities e.g., groups, volunteering, coffee mornings, befriending, support groups to enable opportunities for social connections	<p>Identify/increase in provision of social activities that meets the needs of all the different communities (defined by small areas or similar characteristics or health condition)</p> <p>Improved accessibility of the offer of social activities by increasing the number of community venues where access to transport is low</p> <p>Raised awareness of the dementia and other carer support offer in Bracknell working with providers, residents, and carers</p>	<p>Number of assets in community map August 2022 increased from a baseline of 326 activities.</p> <p>Number of outreach venues that offer social activities increased from Baseline: 10</p> <p>Number of promotional activities/awareness campaigns from a baseline of 20</p> <p>Number of friendship tables</p>	<p>BFC Tina Nash</p> <p>Involve (TBC)</p>	Oct 2022	Ongoing With quarterly monitoring	Ongoing	<p>track as part of community map, social prescribing activity and Happiness Hub</p> <p>Involve hosts the Older People's Consortium which has seen growth in recent months with The Parkinsons Society, Berkshire Birds of Prey, and Dogs for Good join a partnership of 10 existing charities.</p> <p>Involve have recruited to the role of Friendship Ambassador who will develop friendship tables throughout the borough. They are also running social activities across the ward areas of the borough throughout the summer holidays (7 public living rooms & 3 community picnics)</p> <p>PH team working collaboratively with People Power (LD self-advocacy group) to increase accessibility of Community Map. New inclusive activities category and co-designed communications materials.</p> <p>The month of September is wellness month with campaigns and wellness exchange events organised</p>

24. Include voluntary and community sector organisations MECC (Making Every Contact Count) module to increase all customer facing organisations to signpost and refer clients appropriate to service	<p>Increased signposting and referrals to VCS organisations by all customer facing organisations.</p> <p>Increase no. of frontline staff trained to have 'healthy conversations'</p>	<p>Number of referrals tracked through JOY marketplace (PH and VCS)</p> <p>Number of staff trained in MECC who have used healthy conversations in their role</p>	BFC Joanne Pittard	Oct 2022	July 2024	On track	<p>Can only track referrals made via JOY from social prescribing service. 28 in Q2 10 in Q3</p> <p>123 staff trained in 2023</p> <p>2 Trainers recruited to deliver regular sessions to staff and wider workforce in 2024 Planning in progress for Q1 2024 to recruit additional trainers comprising internal staff and health champions (from the community).</p>
25. Increase use of Bracknell Forest Green spaces through green volunteering programme, walks, outdoor activities.	<p>Improve resident's feelings of self-esteem, confidence, and wellbeing. Increase physical activity levels, social connections, wellbeing etc.</p>	<p>Number of resident's reporting an improvement. Baseline: 0 Proportion who have made lifestyle changes.</p>	Involve Caroline Pragnell	Oct 2022	Oct 2024	On Track – data reported every quarter	<p>Over 50% of participants reported improved mental health, social connections and confidence.</p> <p>Q3 85% participants reported improved mental health, and; Over 60% reported improved social connections.</p>
26. Increase use of libraries and other adult learning places		<p>Number of sessions in libraries and other community learning setting Increase in numbers participating in these sessions</p>	BFC Abdul Azad	October 2022	On going	On-going. Ongoing and on track	<p>Events were planned with Sports Centre and Open Learning Centre were this September .</p> <p>Social prescribing craft sessions bi-weekly held in Bracknell Library</p> <p>Plans are in place for Q1 2024 include a monthly craft session at Crowthorne Library, which is in addition to Bracknell Library.</p>

27. Run a focus group with community map assets to understand partnership working and support	A support offer developed and implemented	1. Number of assets engaged in the partnership and supported Baseline = 60	BFC	Aug 2022	Sept 2022	Ongoing and on track	Number of assets engaged in partnership = 135 (132 previous quarter). Working with local assets to attend SoF events to promote their activities.
28. Launch new improved community map to increase it's awareness and usage across Bracknell Forest	1. Launch event for partners 2. Road show to promote community map to residents 3. Training offer for partners 4. Establish quarterly monitoring of the community asset map	1. Communications plans 2. Road show locations and dates agreed 3. Number of partners attending training Baseline - 0 4. Increase usage of the community map, tracked through google analytics Baseline: 1461 visits in 2021/2022 5. Number of assets on the community map Baseline: 326	BFC Tina Nash	Oct 2022	Nov 2022	Complete - presented at last board meeting	Visits = 7900 (1875 increase in the last quarter) No. of assets = 581 (466 previous quarter). Subscribers to newsfeed = 242 Professionals training sessions: 33 sessions delivered, 252 professionals.
29. Replace the current paper-based and manual system to a fully integrated digital solution	A digital referral pathway with case management data capture (interventions and outcomes) implemented	Percentage of referrers using JOY to make a referral Baseline: 80%	BFC Joanne Pittard	May 22	ongoing	Complete	100% referrals via JOY
30. Work with statutory, voluntary and community sector organisations to raise awareness of the service and encourage appropriate referrals	A plan to promote the service at various events including the launch of the community map, across council wide networks, and external providers Provider plan for engagement with JOY marketplace to encourage appropriate referrals whilst raising the profile of their services.	Number of referrals with primary need is loneliness/social isolation Baseline 22% Percentage of clients with an improved loneliness/or wellbeing score. Baseline: 40% Percentage of under represented groups accessing the service. Baseline less than 2%	BFC Joanne Pittard	July 2022	ongoing	On track	Q3 = 27% referrals for loneliness/isolation Figures taken from JOY 01/09/22 - 01/09/23 65% of clients saw an improvement to their overall well-being 30% of clients reported an improvement to their baseline loneliness score 40% of clients had an improvement to their baseline well-being score Average satisfaction with the service was 90% 3410 client contacts in the last 12 months ,

		Percentage of inappropriate referrals reduced tracked through the JOY database Baseline: 7% inappropriate referrals for last qtr.				On track	of which 20% were in-person. Q3 = 3% referrals from under represented groups Declined referrals in Q2 = 9%, has increased by 5% Q1 Q3 = 3%
31. Relaunch and promote the social prescribing service to residents through various channels	A communications plan to promote the service amongst residents with consideration of different engagement methods for diverse communities	Increase in number of appropriate self-referrals Baseline (8%)	BFC Joanne Pittard	Nov 2022	On going	On track	2023 self referrals = 9% New referral and case management software and increased team size. 2 social prescribers undertaking qualification to enhance skill set. Service promoted at great wellness exchange and through forums such as old age consortium and hardship forum. Summer programme – delivered a timetable of 16 events across 3 months. 72 residents attended. Winter programme is currently being widely promoted both internally and externally to stakeholder groups. Winter programme Q3 delivered 29 activities, 256 residents attended. 2024: Service promoted to internal teams (HUB, EIP, LAP) and Care Home MDTs to increase referrals.
32. Create a network of health and wellbeing service practitioners to enable shared learning and collaborative practice	A network established with a better understanding of different practitioner roles and clients and inter service referrals	Number of network events Baseline: 2		June 2022	Ongoing	Regular meetings as part of Happiness Hub, SP meetings	Over the last 12 months the team have attended 270 events/activities.

Priority 4 (DPH) Keep residents safe from infectious diseases and address the long-term impacts of COVID-19							
Key Actions	Outputs	Contributes to improvement in outcome(s)	Lead Organisation and responsible officer	Start date	End date	Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter	Brief narrative on status rating
33. Work with East Berkshire Hub and UKHSA lead on a framework/plan for a local wider outbreak management plan	Revised and update Local Outbreak Management Plan (LOMP). Relaunch LOMP	Reduce the impact of future outbreaks of communicable disease	BFC Gabby Haffner	Dec 2023	July 2024	On track	August 2024 – Contributed to UKHSA consultation on Outbreak Management Guidance and Toolkit
34. In collaboration with NHSE/OHID screening leads review current quality and uptake of national screening programmes in Bracknell Forest to identify and plan for quality improvements and targeted work in areas/communities of low uptake	A quality and performance report with recommendations for improvement agreed at the Health Protection Forum (Q2 2023)	Reduce Health Inequalities in all national screening programmes	NHSE/ICS BFC Gabby Haffner	Jan 2023	Sept 2023	On track	Monitored through re-established Health Protection Forum. New Screening and Immunisations Lead (NHSE) providing better data.
35. Produce reports on uptake of national immunisation programme showing uptake by GP or ward level to identify any variation in uptake of childhood and other adult vaccinations (flu, covid, pneumococcal)	Immunisation performance report produced and presented to Health Protection Forum	Reduce health inequalities in immunisation	NHSE/ICS BFC Gabby Haffner	TBC	TBC	On track	East Berks Health Protection Forum re-established which provides opportunity to assess data. Some additional local work to explore data at ward level (not available to us by GP)
36. Review engagement and communications during Covid and produce lessons learnt report	Make recommendations on communications and methods to engage with local communities on health protection	Reduce the impact of communicable disease and other health protection topics by use of effective comms	BFC Gabby Haffner	Jan 2023	April 2024	Complete	Data from Impacts of Covid 19 Survey was used.
37. Continue to work with NHS infection control team and Council Public Protection Partnership to review and improve infection risk and improve good practice in high risk settings			ICB/ BFC Gabby Haffner	On -going	Dec 2026	On going	Good relationships established with Frimley Infection Prevention and Control Team. Bespoke hand washing assets in development.
38. Provide assurance to the Health and Wellbeing Board on adverse weather planning			ICS/ BFC Gabby Haffner	Jan 2023	Dec 2026	On-going	Work on both winter and hot weather preparedness and to minimise excess deaths
39. Review the implementation of the NICE guidance on reducing health harm from cold homes in Bracknell Forest and make recommendations.			BFC PPP and Gabby Haffner	June 2024	Sept 2024	Starting June 2024	
40. Develop and implement a plan to mitigate the long-term impacts of COVID.	Local Covid impact on population health report based on perceptions/views of residents, published literature and local long Covid estimates.	Appropriate use of COMF to mitigate potential long-term health and wellbeing impacts of Covid	BFC Gabby Haffner	Dec 2022	Dec 2023	Complete	Survey complete, findings shared. Innovation funding and COMF allocated. On-going monitoring of COMF funded work and projects.

Priority 5 Improve years lived with good health and happiness							
Key Actions	Outputs	Contributes to improvement in outcome(s)	Lead Organisation and responsible officer	Start date	End date	RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter	Brief narrative on status rating
41. Conduct a rapid evidence review including grey literature and good practice to recommend evidence-based practice/methods for increasing health literacy and self-care.	A toolkit based on the findings of the review for use locally/plan for community led healthy conversations.	Improvement in health literacy of local population.	BFC Louise Duffy Annie Yau-Karim and Dave Bryan	Jan 2024	March 2024	In development	Proposal for community profile and community engagement approach has been developed. First cohort of minority groups being identified. Engagement will comprise 3 stages: <ul style="list-style-type: none"> Epidemiological data analysis World café events and lived experience/stories Identification of health leaders within groups and training will be offered to support e.g. MECC and MH Awareness and others based on need. First event taking place on 16 th May with Hong Kong residents. Data will be presented in infographics focusing on mental health and three key questions asked. Report from 16 May complete. 2nd Event taking place with Nepalese Community on 7 September
42. Map current CVD prevention programmes and evaluate the effectiveness of the programmes to identify good practice that can be rolled out across the borough.	A plan to reduce variation through roll-out of good practice through shared learning A plan to reduce variation through roll-out of good practice through shared learning.	Reduction in variance between practices. Improvement in detection and management.	ICB Lalitha Iyer and Helen Single	Dec 2022	Ongoing	Complete	Ongoing work as part of ICS CVD prevention work under the Medical Director as new good practice identified
43. Adapt and implement the ICS CVD prevention plans at place.	A local plan in place agreed.		ICS Helen Single	Jan 2022	Ongoing	Complete for current plans	Monitored as part of the ICS living well programme to identify any required updates
44. Undertake health equity audit of CVD primary and secondary prevention services to inform targeted action on CVD and diabetes prevention and management.	Plan to reduce health inequalities in cardiovascular health and diabetes outcomes.	Increase in offer and uptake of smoking cessation and weight management services in targeted populations.	BFC and ICB Felicity(smoking and weight)	Dec 2022	July 2023	Ongoing	Felicity working with community engagement officer and providers to increase uptake of

		Improvement of management outcomes in targeted population	management uptak) and Richard Freeman				smoking cessation and weight management services in targeted populations. Smoking equity audit underway, data received and currently being analysed. Draft report due in April 2024. Core20PLUS5 population groups prioritised in any initiatives.
45. Review commissioning and performance of NHS health checks and make recommendations for improvement	Plan to improve commissioning and performance of NHS health checks locally	100% of eligible cohort invited for NHS Health Check Increase in number of invited cohorts receiving a health check . Increase in appropriate referrals to lifestyle services from the NHS health checks programme	Tarvi Baretto and Felicity	Dec 2022	Sept 2023	Completed	Audit is now complete and final report has been submitted in November 2023. Commissioners to build in recommendations to the new NHS HC service specification. Actions from audit has been embedded into new service specification. Improvement plans underway.
46. Co-produce plans for prevention of uptake of nicotine containing products and increase in number of people that access and successfully quit smoking	A refreshed tobacco plan based on insights on use of vaping in BFC outside the smoking cessation pathway and other local intelligence	Reduction in uptake of tobacco products among different age groups Number of schools participating in offer of courses to increase awareness of harms from nicotine use	BFC and ICB Louise Duffy and Mahmuda Ullah	Dec 2022	Sept 2023	On track	Data quality improvement in progress Links made to ICB Frimley Living Well Ambition Swap to stop scheme/SSS funding. Target groups to reduce inequalities identified based on findings from analysis and intelligence data and equity audit. Focus now on BFC tobacco control plan to include wider tobacco control and SSS uptake for target groups incl. Routine and Manual Occupations/MH/LTC/Pr egnancy. 50% of additional DHSC funding will go towards R&M occupations.

47. Develop innovative solutions to support people with unhealthy weights to achieve and maintain health weights.	An options proposal paper presented to appropriate meeting	A scaled up service to reduce current waiting lists	BFC Tanvi Baretto	January 2024	July 2024	On Track	Bracknell Forest is one of the sites for novel digital shared learning platform for population activation. The pilot will be evaluated by Imperial -selfcare academic unit (SCARU) and academic primary care (WHO)
48. Review and evaluate the current weight management services and establish a weight management pathway based on NICE guidance (CG189 updated 2022)	A pathway agreed working with iCS	Compliance of NICE guidance to ensure quality of services commissioned	BFC and ICS Tanvi Baretto and Mahmuda Ullah	Mar 2023	March 2024	Delay	Evaluation of tier 2 weight management services completed. Initial meetings convened by ICS - awaiting timeframes and plans from ICS A health weight framework adopted by Living Well Board
49. Map current physical activity offer for all ages and diverse communities, identify gaps and develop a physical activity pathway in accordance with NICE public health guidance to enable all residents including people with mobility and sensory difficulties to meet the CMO guidelines on physical activity.	A physical activity pathway with offers of different activities agreed.	Compliance with NICE and CMO guidelines on physical activity Increase in number of people participating in different forms of physical activity	BFC Felicity	Oct 2022	Dec 2024	On track	. Draft report delayed, report now expected in April 2024 . This was due to delay in interviews with primary care staff. Successfully recruited 3 more casual instructors to increase the accessibility of Physical activities, this will include provision for evenings.
50. Develop a plan based on whole system approach agreement to change the key environmental issues in Bracknell to create healthy environment enabling healthy choices	A whole system approach to obesity report for Bracknell Forest with key (strategic) actions	Increase in number of opportunities to enable/facilitate maintaining healthy weights	BFC Tanvi Barreto	July 2022	July 2023	Completed	Final report received. In November. Some suggested changes to be incorporated. Strategic action plans agreed
51. Develop a plan for the Council and the local NHS to be exemplar healthy workplaces and extend the learning to local businesses	A joint plan agreed as part of the Bracknell Forest Workplace Health Alliance work programme.	Number of workplaces engaged with workplace healthy charter. Number of settings engaged and achieved baby friendly certificate	BFC and ICB Louise Duffy and Mahmuda Ullah	Nov 2022	July 2024	BFC Healthy workplace Alliance established	Workplace Alliance membership and meetings – currently 22 businesses registered. Repository of resources to support health and wellbeing available to businesses. BFC Healthy Workforce Accreditation programme due to be launched in early 2024 in partnership with Surrey CC. Full calendar of HWB events launched for 2024. Small Business event arranged for April 2024 to recruit small

							businesses into the Alliance. Accreditation Launch took place 30.4.23 Applied for NHS Workplace Health Checks funding – outcome to be announced end April
--	--	--	--	--	--	--	---