



Health and Care Overview and Scrutiny Panel review of mental health

**Overview and Scrutiny Commission
7 April 2022**



Background

Reasons for the review

- The impact of Covid on local services
- The impact of Covid on mental health
- Concern from partners
- Important to residents



Approach

The review focused on **self-help and early intervention**,
looking at **primary care and voluntary sector provision for adults**

The Panel heard evidence from:



Residents with experience of local mental health services



Key findings



Services and access



Impact of the pandemic



Hard to reach communities



Health and wellbeing strategy



Relationships and collaboration

Good practice



Service users spoke about the positive impact of being involved in directing their care and recovery: ‘with’ people, not ‘to’ people.

Services provided many examples of how they involve users and co-design their care. This is also reflected in the Frimley ICS Strategy 2019-2025.



In Bracknell Forest, Talking Therapies is exceeding the nationally set targets for treatment timescales and recovery:

- Recovery rate **target 50%** – **East Berkshire 58%**
- Reliable improvement **target 64%** – **East Berkshire 68%**
- Treated **within six weeks of referral 75%** – **East Berkshire 98%**
- Treated **within 18 weeks of referral 95%** – **East Berkshire 100%**

(for the period October 20 – October 21)

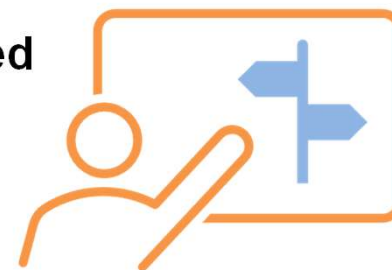
Draft recommendations

Recommendations one to four support actions in the draft Health and Wellbeing Strategy. Target dates to align with the Health and Wellbeing Strategy action plan.

1. That the Health and Wellbeing Board consider a number of points under the action to explore the development of a public facing marketing and communication campaign to raise awareness of services available and how to access them.



2. That the Health and Wellbeing Board ensures users are involved in the action to create and relaunch an improved version of the community map



Draft recommendations

3. That the Health and Wellbeing Board ensures the community map training for providers supports increased collaboration between services, in particular between GPs/practice staff and the voluntary sector, to help them understand each other's work and improve signposting and referrals.



4. That the Health and Wellbeing Board includes an event as part of the relaunch of the community map, to provide an opportunity to engage with the public to explain services and make connections.



Recommendations five and six are made to the Executive

5. That the Executive Member for Adult Services, Health and Housing invites the Chair of the Health and Care O&S Panel to present the mental health review report to the Health and Wellbeing Board on 7 June 2022.



5. That the Executive Member for Adult Services, Health and Housing works with primary care and voluntary sector providers to increase the opportunity for mental health services to be present in community spaces. By December 2022, subject to the prevailing COVID approach.



Recommendations seven and eight are made to Frimley Clinical Commissioning Group:

7. That Frimley Clinical Commissioning Group (CCG) seeks agreement with primary care to clearly signpost mental health support on all GP websites. Target date for Bracknell to be confirmed by Frimley CCG.
8. That Frimley CCG shares the findings of Talking Therapies' work on low access rates from culturally and ethnically diverse communities and older adults with relevant health partners and voluntary and community groups. Target date to be confirmed by Frimley CCG.





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Any questions?

