

Children & Young People Mental Health Services

Presentation for the Bracknell Forest Health and Wellbeing Board

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Context

We have made a shared commitment as partners to improve access and outcomes through our collaborative working at Place. The strength of this collaboration and direction is set through the Health and Wellbeing Strategy, through our CYP Plan and through our broader system programmes of work.

Our approach is framed within the following principles

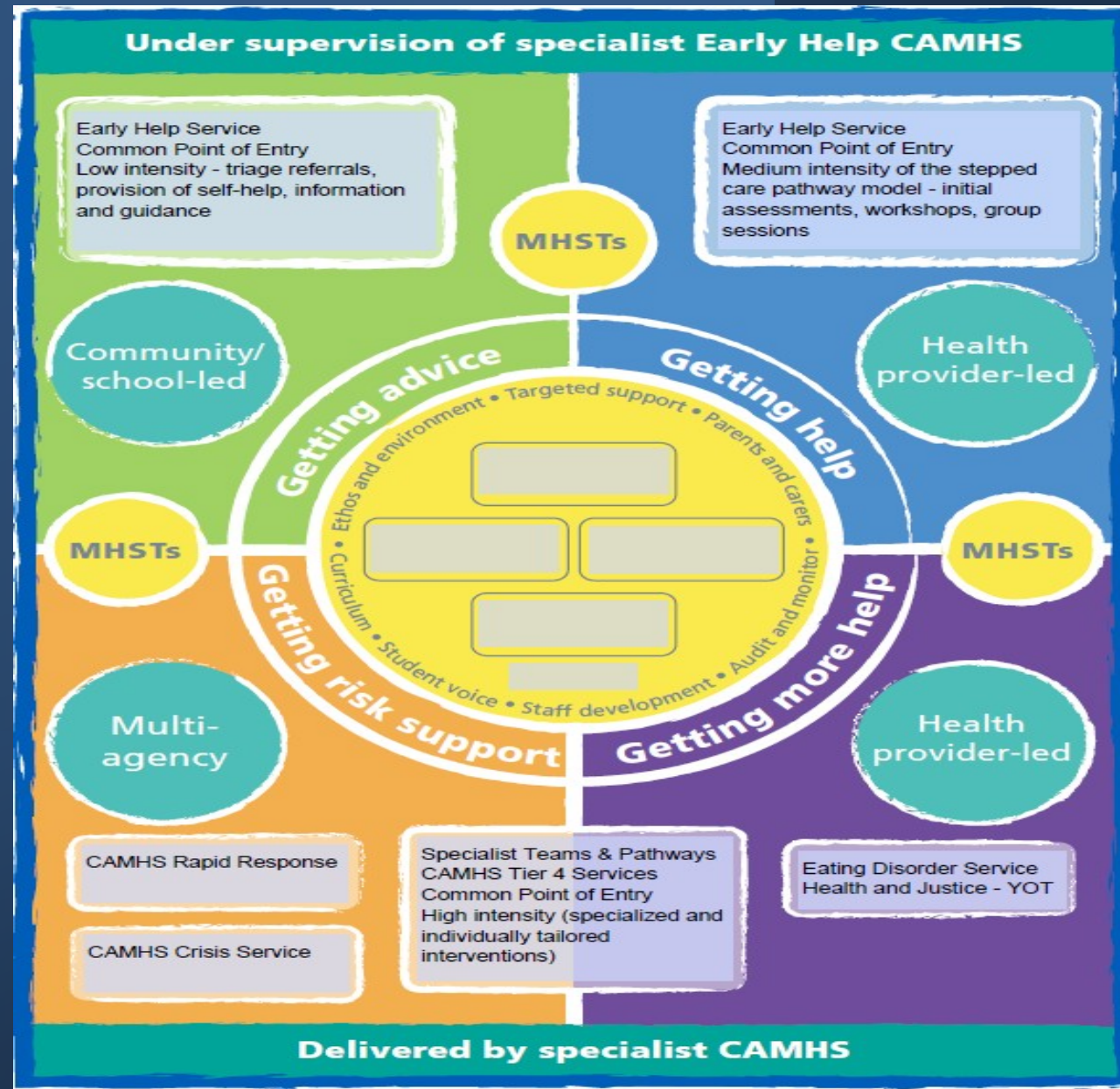
- A strong focus on engagement with children, young people and their families
- Developing our strong partnership and collaborative approach
- Services based on the principle of hope and recovery
- Our shared approach as a system to work together, leaning and sharing best
- Bringing together physical and mental health – a whole child approach
- Reducing health inequalities and using a population health management approach to understanding need and variation across our communities.

Local Priorities and Enhanced Investment

Local Priorities

- 1. Strengthening Crisis Support**
- 2. Supporting children with complex needs**
- 3. Transition Arrangements**
- 4. Addressing Eating Disorders and Disordered Eating**
- 5. Embedding MHST principles across all schools**
- 6. Enhanced Parenting Support**
- 7. Addressing gaps in provision**
- 8. Development of formal partnership arrangements as a new model of working**
- 9. Responding to the impact of COVID**

The THRIVE Model ...
 an integrated, person
 centered and needs
 led approach to
 delivering mental
 health services to
 children and young
 people



Berkshire Healthcare CAMHS

an overview ...



Berkshire Healthcare
Children, Young People and
Families services

In FY 2020-2021, CAMHS East Service:

Received 3,315 new referrals

Offered over 17,930 contacts

Delivered 1,679 mental health
assessments

Signposted 1,593 referrals

Monthly average of 1,392 young people
on caseloads

- Berkshire Healthcare CAMH Services in East Berkshire:

- Locality-based Specialist Community Teams
- Anxiety and Depression Team (county-wide)
- 3 Locality-based Getting Help teams
- 3 Schools Mental Health Support Teams
- All-age Eating Disorder Service (county-wide)
- Rapid Response service (county-wide)
- Health & Justice Service & Children in Care worker
- Tier 4 service (TV Provider Collaborative)
- And our Common Point of Entry service



Source: Population Statistics Division, Office for National Statistics, 2018

Neurodiversity Action Plan

- New investment 2021-2022 with a target to reduce waiting times for autism and ADHD assessment to a maximum of 12 months by 31/03/2023.
- Robust recruitment strategy in place – to date we have recruited 11.9 WTE posts for East Berkshire (representing 58% achievement towards the overall target of 20.43 WTE).
- Partnership work with external partners (digital offer)
 - BHFT to transfer approximately 200 CYP for an online autism assessment with Healios in this financial year
 - BHFT commissioned a private provider (Psychiatry UK) who will provide ADHD assessment and/or medication titration from November 2021.
- Ongoing transformation and quality improvement projects.
- Blended delivery model (online and face to face).
- Delivery of autism assessments continues to be significantly impacted by the pandemic (and the ongoing need for social distancing and PPE). An updated Trust risk assessment is under way to review this situation, with an options appraisal to inform decision making, including discussion with colleagues in and beyond the ICS system.

Transforming Neurodiversity Services

GEMS service now in place

Pre assessment or post diagnosis (Autism/ADHD) support

For parents and carers, a programme of workshops

For children and young people aged 5-25, a programme of workshops and social groups

For adults aged 25+, a programme of workshops and social groups

Neurodiversity network (East)

ND network was launched in May 2021.

Bracknell's neurodiversity Project

The aim of the project is to develop a person centred process for children and young people by profiling their strengths and needs thereby enabling a plan to be made about how needs can be met in education. This will mean that whether a diagnosis has been made or not help and support will be provided

Neurodiversity Waiting List Initiative

New investment with a target to reduce waiting times for autism and ADHD assessment to a maximum of 12 months by 31/03/2023



Children and young people portfolio review

We recognise the challenges CYP face as we come out of the pandemic, our commitment to tackle health inequalities and support our next generation to flourish and thrive in their communities.

This review is an opportunity to take stock of where we are now, understand our challenges and opportunities and how we can best organise ourselves to respond and make a difference and reduce health inequalities. We have designed a four-step project plan to achieve this over four months.

It will enable us to shape and agree the ICS CYP portfolio, including how it will support and integrate with our Places, its scope, methods, priorities, resource and governance. This review will take a positive approach, placing CYP at its centre. It will be focused on engaging and listening to our Places and providers to learn about the CYP landscape across our system and building and reinforcing connections and collaborations.

In this way, we will build a collective understanding of where we have great practice, where we have common challenges we need to address and how together we can tackle inequalities and improve the health and wellbeing of our CYP.



Thank you ...we value the expertise and insight of the Health and wellbeing board and would like to hear your contributions and questions